

October Breakfast Menu

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| Assorted Cereal 2 Juice Milk Fruit | Breakfast Bun 3 Fruit Juice Milk | Cereal Bar 4 Yogurt cup Juice Milk | French Toast 5 Fruit Juice Milk | 6 No School |
| No School | Breakfast Bun 10 Fruit Juice Milk | Cereal Bar 11 Yogurt cup Juice Milk | French Toast 12 Fruit Juice Milk | Muffin 13 Juice Fruit Milk |
| Assorted Cereal 16 Juice Milk Fruit | Breakfast Bun 17 Fruit Juice Milk | Cereal Bar 18 Yogurt cup Juice Milk | French Toast 19 Fruit Juice Milk | Muffin 20 Juice Fruit Milk |
| Assorted Cereal 23 Juice Milk Fruit | Muffin 24 Juice Fruit Milk | Cereal Bar 25 Yogurt cup Juice Milk | French Toast 26 Fruit Juice Milk | Muffin 27 Juice Fruit Milk |
| Assorted Cereal 30 Juice Milk Fruit | Assorted Cereal 31 Juice Milk Fruit | | | |

Breakfast Menu includes a whole grain or meat/meat alternative, fruit, and milk component in compliance with the National School Breakfast Program.

All Grains listed are Whole Grain Rich and 1% white milk is served daily **Menus are subject to change without notice**

"This institution is an equal opportunity provider"